

Expectations

Points		Points	
10	No lying	10	No whining
10	No yelling	10	No name calling
10	Doing things when asked	10	Use coping box when needed
10	Complete homework	10	Feed the dog
50	Good day at school	30	Keep room clean

Incentives

Points		Points	
30	25 minutes of TV	10	See a movie
10	Extra snack	10	Rent a video game
10	1/2 can of pop	10	Stay up 30 minutes later
10	\$5 toward a toy	10	No chores the next day
50	Have a friend over	30	Meal different from the family