

Marital Problem Analysis

Name _____

Your answer to the questions in this Marital Problem analysis will help us determine the sequence of lessons in the follow-up courses that would be most appropriate for you to complete.

For each of the following, indicate how serious a problem it is in your marriage. Use these numbers to indicate your answer.

1. Serious enough to threaten our marriage unless resolved
2. Serious, but not enough to threaten our marriage if left unresolved
3. Sometimes disappointing, but not a serious problem
4. Not a problem at all.

_____ Affection	_____ Family Commitment
_____ Sexual Fulfillment	_____ Admiration
_____ Intimate Conversation	_____ Selfish Demands
_____ Recreational Companionship	_____ Disrespectful Judgments
_____ Honesty and Openness	_____ Angry Outbursts
_____ Physical Attractiveness	_____ Dishonesty
_____ Financial Support	_____ Annoying Habits
_____ Domestic Support	_____ Independent Behavior

Are you in the process of divorcing? _____ (Yes or No)

If you have not filed for divorce, have you been considering it? _____ (Yes or No)

During this weekend, I introduced three goals of marriage: (1) create a lifestyle that is fulfilling for both of you, (2) avoid being each other's source of unhappiness, and (3) becoming each other's greatest source of happiness. Your failure to achieve which of these three goals is having the greatest negative impact on your marriage?

_____ (write the number of the goal)

If you could learn to achieve that goal, would you be able to achieve the other two without much difficulty?

_____ (Yes or No)

If your answer is no, which of the other goals would remain difficult to achieve?

_____ (Write the number, or numbers in order of difficulty)